

Cats-The Truth About Treats

Healthy Adult Cats should have no more than 20-33 calories per 1 lb of body weight for daily total calories.

Treats:

- No more than 10% of cat's daily diet
- Most treats are designed for the flavor rather than nutritional value, so moderation is very important
- Check labels for calories per treat, especially designer treats which may be higher calories.

Treat Examples:

- Most Churu flavors are 6 calories per 0.5 ounce tube
 - Churu soft bites-15 calories per treat
 - Chicken recipe- 13 calories per 0.35 ounce tube
 - Salmon and Tuna recipe- 10.5 calories per 0.5 ounce tube

Calorie Factors:

- Activity level- (more active= require more calories, less active= requires less calories)
- Age-kittens need more than adult/senior cats
- Spayed/neutered status
 - Intact- more calories based on metabolism status
 - Spayed/neutered- less calories required since metabolism slows down due to less production of hormones
 - Example- 10 lb cat approx 200-330 calories total for the day
- Average indoor cat- 20 calories per 1 lb of body weight to maintain stature
- Average outdoor cat- 35 calories per 1 lb of body weight to maintain stature
- Both in/outdoor cat- somewhere in between
 - Example- 10 lb cat needs approx. 200 calories total daily